

YWCA Greenwich Pool Schedule • Academic Year Fall 18

	Mon	Tues	Wed	Thurs	Fri
5:45-7:15	Masters	Masters	Masters	Masters	Masters
7:15-9:50	Lap Swim* Privates	Lap Swim* Privates*	Lap Swim*	Lap Swim* Privates*	Lap Swim*
10-10:30*	DBabies Colors Lap Swim*	DBabies Colors Lap Swim*	Colors Lap Swim*	DBabies Coors Lap Swim*	<i>Maintenance</i>
10:30-11*	DBabies Lessons Lap Swim*	DBabies Lessons Lap Swim*	Colors Lap Swim*	DBabies Colors Lap Swim*	<i>Maintenance</i>
11-12	AquaFit Lessons Lap Swim*	Lessons Lap Swim*	AquaFit Lessons Lap Swim*	Lessons Lap Swim*	AquaFit Lap Swim*
12-1:20	*Lap Swim	*Lap Swim	Lap Swim*	Lap Swim* Aqua Core	Lap swim*
1:30-2:30*	Lessons Lap Swim*	Arthritis Lessons Lap Swim*	Lessons Lap Swim*	Lessons Lap Swim*	Lessons Lap Swim*
2:30-3	Colors Lap Swim*	Colors Lap Swim*	Colors Lap Swim*	Colors Lap Swim*	Lessons Lap Swim*
3-3:30	Colors Lap Swim*	Colors Lap Swim*	Colors Lap Swim*	Colors Lap Swim*	Lessons Lap Swim*
3:45-4:30	Dolphin Prep	Dolphin Prep	Dolphin Prep	Dolphin Prep	(3:30)Swim team
4:30-5:15	Dolphin Prep	Dolphin Prep	Dolphin Prep	Dolphin Prep	Swim Team
5:15-6:15	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team
6:15-8:30	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team
8:30-9:30	Lap Swim*/ SCUBA	SCUBA Lessons* Lap Swim	SCUBA, Lap Swim Red Cross	Lap Swim/ Teen Lessons	8:00 – 9:30 Family Swim Lap Swim

	Sat	Sun
6:30-8	Swim Team	
8-8:50	Swim Team	
9-9:30	DBabies/ Colors	Lap Swim* Lessons Scuba
9:30-10	DBabies/ Colors	Lap Swim* Lessons Scuba
10-10:30	DBabies/ Colors	Lap Swim* Lessons Scuba
10:30-11	DBabies/ Colors	Lap Swim* Lessons
11-11:30 11:30pm- 12pm	Dolphin Prep	Lap Swim* Lessons Scuba
12pm-12:30	Dolphin Prep	Family & Lap Swim* @12:00pm
12:30-1:30	Lap Swim* Lessons	Family & Lap Swim* 2:45pm
1:30-2:30	Swim Team	Sunday closed Bldg. @ 3pm
2:30-3:30*	Swim Team	
3:30-*4:30	Family & Lap Swim*	
4:30-5:00	Family & Lap Swim*	

Saturday pool schedule is from 8:00 am – 4:45 pm, and Sunday 9am – 2:45 pm. Pool schedule always subject to immediate change.

*=shared pool and lap swimmers might need to circle swim. **Japanese School 9/11,12,18,19,25,26 11am-12pm no lap swim**

Please sign in at Pool deck. **Sunday Kayak starts in December 9am – 12pm**